

# CLASSIC LEBANESE CUISINE%0A

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Savory, heart-healthy Lebanese recipes from a renowned chef The cuisine of Lebanon epitomizes the best of the Mediterranean diet, which is highly regarded for its positive health benefits.

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[Classic Lebanese Cuisine: - FoodWine.com](#)

Classic Lebanese Cuisine features a dazzling collection of 170 recipes from appetizers and salads, side dishes, entrees and desserts. Readers will discover new flavors as Chef Kamal introduces these timehonored recipes steeped in the authenticity and ethos of the dishes he grew up with.

[Classic Lebanese Cuisine: 170 Fresh and Healthy ...](#)

In Classic Lebanese Cuisine, a leading chef presents 170 dazzling recipes that reflect the full breadth of authentic Lebanese cuisine. Many recipes include several variations, giving you the option of preparing a vegetarian dish or adding chicken, lamb, or beef.

[Lebanese Recipes - Allrecipes.com](#)

This is the Lebanese version of cream cheese, a lot tastier and lower in calories. Serve on a plate, sprinkled with olive oil, olives, tomatoes, cucumbers and mint. Or simply spread it like cream cheese on pita bread.

[Classic Lebanese Cuisine: 170 Fresh and Healthy ...](#)

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[Classic Lebanese Cuisine: 170 Fresh and Healthy ...](#)

In "Classic Lebanese Cuisine," Chef Kamal Al-Faqih present Abounding in vegetables, grains, fresh herbs and spices, poultry, and lamb, it yields meals replete with robust, earthy flavors. In "Classic Lebanese Cuisine," Chef Kamal Al-Faqih presents 170 dazzling recipes that reflect the full breadth of authentic Lebanese cuisine.

[Classic Lebanese Cuisine: 170 Fresh And Healthy ...](#)

Classic Lebanese Cuisine: 170 Fresh And Healthy Mediterranean Favorites [Kamal Al-Faqih] on Amazon.com. "FREE" shipping on qualifying offers. Savory, heart-healthy Lebanese recipes from a renowned chef The cuisine of Lebanon epitomizes the best of the Mediterranean diet . From The Community. Try Prime

[12 Classic Lebanese Foods Everyone Needs to Try](#)

The Lebanese people have gathered this culinary

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knowledge and used it in their cuisine. Because Lebanon is a melting pot, the countries that surround it have similar cuisines. Consequently, Because Lebanon is a melting pot, the countries that surround it have similar cuisines.

**[Classic Lebanese Cuisine, Kamal Al-faqih Hardcover](#)**

Classic Lebanese Cuisine, Kamal Al-faqih Hardcover. Presents recipes that reflect the full breadth of Lebanese cuisine, featuring favorites such as baba ghanouj, tabbouli, and kibbi, as well as presenting the author's signature dishes--such as London broil layered with pita a garlic yogurt, fire-roasted wheat with lamb, and more--all

**[Lebanese cuisine - Wikipedia](#)**

Lebanese cuisine is a Levantine style of cooking that includes an abundance of whole grains, fruits, vegetables, starches, fresh fish and seafood; animal fats are consumed sparingly.

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